

BASEBALL CANADA COACHES SUPER CLINIC

March 30-31st, 2012



Saskatoon
Radisson Hotel



Saskatchewan Baseball is proud to announce that Saskatoon will be hosting the Baseball Canada Super Clinic that will be held at the Radisson Hotel in Saskatoon.

Coaches will learn from former Toronto Blue Jay players Duane Ward and Homer Bush.

Duane Ward

Ward, a hard throwing right hander, set the single season record for saves in 1993 with 45 and was an integral part of the Toronto Blue Jays World Series Championships in 1992 and 1993.



Homer Bush

Bush played on the 1998 New York Yankees World Series Championship team and was then dealt to the Blue Jays as part of the Wells for Roger Clemens deal in 1999. In 1999 he hit .320 and stole 32 bases for the Blue Jays.

The clinic will also feature Jim Baba current Director General of Baseball Canada and former National team coach with Baseball Canada.

www.saskbaseball.ca

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Source
for sports.

Cost:

- \$75 for all sessions on Friday and Saturday
(includes lunch on Saturday at Radisson)
- \$125 for all sessions and NCCP certification on Sunday.
- \$25 per session if only taking in selected sessions.
(please check off session you are attending)

Schedule:

Radisson Hotel - Friday March 30th

- Session #1 7:00 – 7:45 PM – Pitching Mechanics – Duane Ward
Session #2 7:45 – 8:30 PM – Developing Infielders – Homer Bush

Radisson Hotel - Saturday, March 31st

- Session #3 8:30 – 9:15 AM – Hitting Fundamentals – Homer Bush
Session #4 9:15 – 10:30 AM – Mental Side of Pitching – Duane Ward
Session #5 10:30 – 10:45 – coffee break
Session #6 10:45 – 11:30 AM – Preventing Baseball Injuries:
Arm care and Dynamic Warm Up – Mitch Dahl
Session #7 11:30 – 12:00 – Pick offs and Holding Runners – Duane Ward
Session #8 12:00 – 12:45 – lunch
Session #9 1:00 – 1:45 – Baseball Strategies – Jim Baba
Session #10 1:45 – 2:15 – Turning the Double Play – Homer Bush
Session #11 2:30 – 3:15 – Teaching Catching Fundamentals – Jim Baba

Radisson Hotel - Sunday April 1st

For coaches that would like to get certification for the following NCCP Modules:

- 9:00 AM – Skills Analysis Module
 1:00 PM – Pitching and Catching Module
 3:00 PM – Baseball Strategies Module

Deadline to register is **March 27th**. Registrations after the 27th will have a 20% surcharge.

Registration:

Name : _____
Phone # : _____
Email : _____

I will be attending :

- all sessions on Friday and Saturday - \$75
 all sessions including NCCP Certification - \$125
 selected sessions – please check off sessions attending above - \$25 per session

***Please mail or drop off cheque and registration
to the following address:***

Sask Baseball
Saskatoon Field House
2020 College Drive
Saskatoon, SK S7N 2W4

Questions ?

Contact: 306-975-0828
Cheques made payable to Sask Baseball

www.saskbaseball.ca